

NEMATO

Change a life

success in life – for youth, by youth

Newsletter, 8 September 2013, issue 8

NELSON MANDELA TOWNSHIP YOUTH EMPOWERMENT & SPORT

We run Nemato Change a Life entirely on donations and grants. *Change a Life* is our main funder. That's why we are proudly called *Nemato Change a Life*. Together with funding from *The Learning Trust*, our basic expenses are covered. But for the extras and for our sports clubs we depend on donations and support from others. That puts us always under financial pressure, but we are happy that, like in most of our newsletters, this month we can mention several organisations who helped us. We want to thank everybody: our funders, sponsors, donors, monthly donors, supporters, volunteers. Without you, our youth would not have any hope of a better future! Thanks to you, we are changing lives!!!

BREAKING NEWS:

Athenkosi Hlekani, our member studying at the University of Johannesburg, has been shortlisted for the **WORLD ROWING's 2013 PARMIGIANI SPIRIT AWARD!**

NEMATO CHANGE A LIFE

President's Award

The President's Award is celebrating its 30 years of youth empowerment in South Africa. One of the special events was a youth meeting in East London, where the participants



President's Award event in East London

discussed the National Development Plan and the needs of South Africa that the plan is intended to meet by 2030. There was an online discussion with the Minister in The Presidency and chairperson of the National Planning Commission Trevor Manuel. Five Nemato Change a Life members were invited and enjoyed the great experience.

Ashley Backward, in the middle of the picture, is our first member going for the Gold President's Award. He still has some community service hours to do, but he is on track to pass before the end of the month and to qualify for the Gold Award event taking place in the Presidential Office, The Tuynhuys, in Cape Town in October.

Corporal punishment at school

Last year we took the issue of corporal punishment in the township schools to the newspaper. That brought a stop to this illegal practice. Unfortunately this year it started creeping back into the schools. When the principal of one of the school used corporal punishment against two of our members, we reported it to the Department of Education who took it very seriously. This issue is not only important to us from a child rights

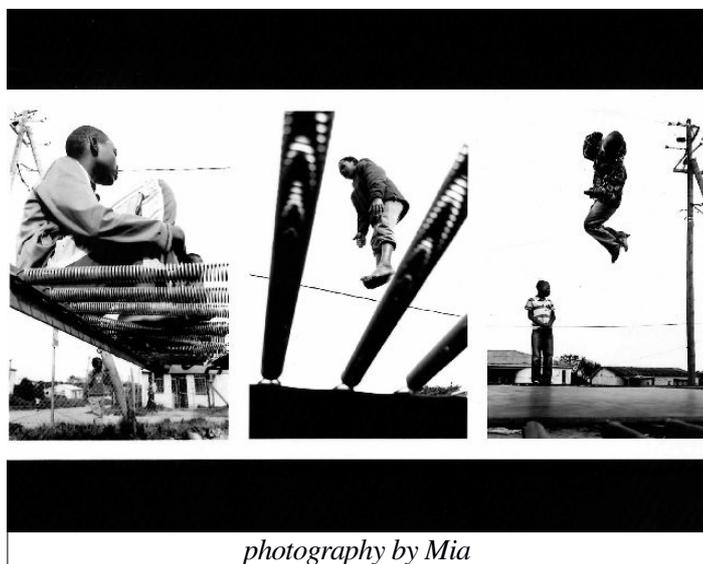
perspective, but also, how can we teach members to solve conflict without violence, if they constantly experience violence in conflicts? How can we expect them to behave differently? Almost constantly, we have members being punished for violent behaviour. We say: *Violence is the problem, not the solution!*

Photography

Mia, a photo journalism student at Rhodes University, visited us a couple of time for a photography project she did for her study. She also did some lessons with the members of our photography group. At a larger scale the pictures look better, but the small sample on page one gives a taste of the nice work she is doing.

Membership

After a dip earlier this year, our membership is up to an all time high of 70 full members in Port Alfred, nine members studying outside Port Alfred and 15 kids in the pre-school (and a waiting list). That is a positive development. Our only worry is the small number of girls in the organisation.



Donation church

Isn't it great to have people in Europe caring about us? A church in Holland regularly collects donations for our food fund during their church service, and their national church body has selected us as one of their projects. Thank you very much!!!

NEMATO ROWING CLUB

Competitions

The Nemato Sculls Head didn't work out this year. It has been a nice annual event since 2008, and now it has disappeared, because nobody in our rowing club took the lead to make it happen. That is disappointing. We should do better next year!

Other competitions are coming up in October and November: Heads Regatta in East London, Halfway Regatta in Knysna, Eastern Cape Champs in East London. Two new events on the calendar that we are looking forward to are the John Waugh Regatta in Gauteng and Club Boat Race in Port Alfred.

Donation from Holland

Congratulations to the ZRZV Rowing Club in, the Netherlands, on their 125th anniversary. In a way this club is the starting point of Nemato Rowing Club and Nemato Change a Life, as our founder member Jan Blom, at a young age, got hooked to rowing at this club. It is great that this club made time in its busy anniversary programme for an evening



about our organisation. Its members donated generously to our club. Thank you very much!

NEMATO GYMNASTICS CLUB

EC Champs

The Eastern Cape Championships were a nice two day event in Port Elizabeth. The first day was for the high levels at Mandy's gym and the second day for the lower levels at Anderson's. We are proud that most of our gymnasts were competing on the

first day and did really well. We are also proud that many of our members have been selected for the Eastern Cape team for South African Gymnastics Games in Pretoria at the end of September. A total of 14 members have been selected for 32 events, mostly at higher levels, That makes us the second club



Eastern Cape Gymnastics Champs

Training at Mandy's

After a long break due to injury, we are back on track with the weekend training sessions at Mandy's in Port Elizabeth, to prepare Siphamandla Baku for the World Age Groups Championships in Bulgaria in November. We go with four gymnasts to the sessions, giving others also a chance to get trained at top level. We also enter four gymnasts for trials at SA Games for Zone VI, an international competition for Southern African countries in Zimbabwe in December.

Eastern Cape Academy of Sport

Siphamandla has been accepted in the programme of the Eastern Cape Academy of Sport in Port Elizabeth. It offers him financial assistance to prepare him for international competition.

in the province. Thanks to Stenden University for transporting us.

SA Games

Going to the South African Gymnastics Games in Pretoria is a week long trip. We can't afford to take all our gymnasts there. For this special event we selected 12 gymnasts, who really deserve it, because they worked hard all year and are committed to success in sport and in life.

Funding for Bulgaria trip

We made progress with the funding of the trip of Siphamandla to Bulgaria. Stenden University in Port Alfred made a generous donation and others made promises that will hopefully materialise soon.

But we are not yet covered for the trip and for the expenses for training in Port Elizabeth. And who can to help Siphamandla with his National Team kit (tracksuit, leotards, shorts, bag, gymnastics shoes, etc.)? It costs about R3000.

Please donate: Nemato Gymnastics Club, 6222 350 5689, FNB Port Alfred, (210917), or make a secured credit card donation [online](#). Thanks a lot!

NEMATO HANDBALL CLUB



handball match in Grahamstown

Playing matches

After disappointing attendance at our training sessions in July, the handball team picked up nicely and has nine full members now qualifying to play matches. The Department of Sport invited our team for a match in Grahamstown. The tough match was proudly won by our girls.

Upcoming is an event in East London: selection for the EC team to play at national champs later in the year. We are looking forward to travelling to East London and playing there.

NEMATO FENCING CLUB

SA Champs

Our fencers are preparing for the South African Championships at the end of September in Stellenbosch. For

this far trip we'll make a strict selection of very committed members, who deserve a special trip as a reward for working hard in our organisation.

CONTACT DETAILS

Nemato Change a Life

Advisory Board

| | |
|------------------|----------------------------------------------------------|
| Dr. Saleem Badat | Vice-Chancellor of Rhodes University |
| Mzameli Dikeni | Community Development, Stenden South Africa |
| Lesley Lambert | Consultant to Change a Life |
| Andrew Craig | Postdoctoral Research Fellow, University of Johannesburg |

Board of Governors

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| Lindokuhle Nikelo | Chairperson | 071 222 9791 | <i>l_nikelo@yahoo.com</i> | representing rowing |
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| Jan Blom | Member | 073 505 9168 | <i>matinyanafund@gmail.com</i> | representing gymnastics |
| Nomtha Veto | Member | | | representing handball |
| Nolutho Quma | Member | | | representing handball |
| Chuma Nyendwana | Member | 078 884 5834 | <i>chumasande@gmail.com</i> | representing fencing |
| Aphelele Hlekani | Member | | | representing fencing |

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Account: Nemato Change a Life, account number 6225 665 9461

Nemato Rowing Club

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Nemato Handball Club

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| Nomtha Veto | Chairperson | | |
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Account: Nemato Fencing Club, account number 6231 456 7720

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Our supporters

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